REFERENCES (2012): hyperlinks


* Allison, G; Kendle,K; Roll,S; Schupelius,J; Scott,G; Panizza,J. (1998) *The role of the diaphragm during abdominal hollowing exercises*. Australian Journal of Physiotherapy 44:95-102


* Comerford M (2000) *Movement and Performance* Course notes - Kinetic Control


* Goldstein et al. (2002) *Dysautonomias: clinical disorders of the autonomic nervous system*. *Annals of Internal*
• Hodges,P.W; Cresswell,A;G; Dagfeldt,K; Thorstensson,A. (2001) In vivo measurement of the effect of intra abdominal pressure on the human spine. Journal of Biomechanics 34 347-353
• Jelinek, E. H., & Wilkins: Sydney, pp292-308
• Morris S, Lay B and Allsion GT (in press) Corset hypothesis rebutted — Transversus abdominis does not co-contract in unison prior to rapid arm movements.


• Shimizu, K., Nakamura, M., Nishikawa, Y., Hijiikata, S., Chiba, K., Toyama Y. (2005). Spinal Kyphosis causes demyelination and neuronal loss in the spinal cord, a new model of kyphotic deformity using juvenile japanese small game fowls. Department of Orthopaedic Surgery, School of Medicine, Keio University, Tokyo, Japan.

• Shrier I (1999) Stretching before exercise does not reduce the risk of local muscle injury:a critical review of the clinical and basic science literature. Clinical Journal of Sports Medicine, 9,pp 221-227


• Wall PD (1987) Recent advances in the knowledge of mechanisms of intractable pain, International Disability Studies 9:22-23
